

**MEDICAL EQUIPMENT**

[Access Technologies, Inc.](#) - Provides equipment and training to people with significant combined hearing and vision loss so they can stay connected to friends and family.

**EYEGLASSES**

LEAP - [Lions Eyeglass Assistance Program](#) - Free Eye Exam and Eyeglasses

**HEARING AIDS**

ROAR! - [Lions Hearing Assistance Program](#) - Refurbished hearing aids

**AIR CONDITIONERS/AIR PURIFIERS**

- HealthShare Oregon provides [Free Air Conditioner or Air Purifier](#) to Clackamas, Multnomah, and Washington counties

- Oregon Health Plan (OHP) members can contact their *Coordinated Care Organization (CCO)*. The CCO may be able to provide an AC unit or air filtration device as a flexible service.

- Trillium Community Health Plan. Phone (877) 600-5472 | (541) 485-2155 | TTY 71

**COMPUTERS**

[PCs for People](#)

[Free Geek - Individual grants](#)

**CELL PHONES**

[Lifeline Free Cell Phone](#)

**LOCAL** - Contact your local Chamber of Commerce for more information

- ✓ [Lions Club](#)
- ✓ [Rotary International](#)
- ✓ [Kiwanis](#)
- ✓ [Quota USA](#)
- ✓ [Soroptimist](#)
- ✓ [Elks Club](#)
- ✓ [Habitat for Humanity](#) (for ramps, home retrofits)
- ✓ [Oregon Community Action Agencies](#)
- ✓ Churches and Spiritual Centers
- ✓ Call your city's ADA coordinator - Ask for suggestions of whom to ask—many cities have access to low-interest loans for retrofit of owner-occupied homes

**COUNTY** - Call for services in your county

- ✓ Developmental Disabilities
- ✓ Mental Health

**STATE**

- ✓ Oregon Commission for the Blind (OCB) 1-888-202-5463. (Please call their toll-free number for the name and phone number of your area's representative.)
- ✓ Oregon Department of Human Services (DHS)
  - o Child Welfare
  - o Office of Vocational Rehabilitation Services
  - o Self-Sufficiency Services
  - o Seniors and People with Disabilities Services
- ✓ [Oregon State Agencies on Aging](#) (not just seniors, but also people with disabilities)

**FEDERAL**

- ✓ Medicare
- ✓ Medicaid
- ✓ Social Security Administration-SSA (Not to be confused with "Medicare," the SSA sometimes helps with mobility aids such as wheelchairs, etc.)

**CHILDREN ONLY**

[United Healthcare Children's Foundation](#) - Educational needs of children with disabilities

**OREGON CENTERS FOR INDEPENDENT LIVING (CILs)**

CILs are nonresidential disability resource and advocacy centers. They provide an array of services including information and referral, peer counseling, independent living skills training, advocacy, and life transitioning services. CILs are the one-stop organizations that provide individualized services that can assist you with identifying solutions. Contact the center closest to your location:

<b>Abilitree, Bend</b>	<a href="http://www.abilitree.org">www.abilitree.org</a>	<b>541-388-8103, 200</b>
2680 NE Twin Knolls Dr #150, Bend, OR 97701 Service Area: Deschutes, Crook & Jefferson Counties		
<b>EOCIL, Eastern Oregon</b>	<a href="http://www.eocil.org">www.eocil.org</a>	<b>541-889-3119</b>
1021 SW 5 <sup>th</sup> Ave., Ontario, OR 97914		
<b>EOCIL Pendleton Branch Office</b>		<b>541-235-2224</b>
322 SW 3 <sup>rd</sup> Street, Pendleton, OR 97801 Service Area: Baker, Gilliam, Grant, Harney, Malheur, Morrow, Umatilla, Union, Wallowa and Wheeler Counties		
<b>EOCIL The Dalles Branch Office</b>		<b>541-370-2810</b>
400 East Scenic Drive, Bldg 2, 3rd floor, Suite 2, The Dalles, OR 97058 Service Area: Wasco, Sherman and Hood River Counties		
<b>HASL, Grants Pass</b>	<a href="http://www.haslonline.org">www.haslonline.org</a>	<b>541-479-4275</b>
Independent Abilities Center 305 NE E St., Grants Pass, OR 97526 Service Area: Jackson and Josephine Counties		
<b>ILR, Portland</b>	<a href="http://www.ilr.org">www.ilr.org</a>	<b>503-232-7411</b>
Independent Living Resources 1839 NE Couch St. Portland 97232 Service Area: Multnomah, Washington & Clackamas Counties		
<b>LILA, Eugene</b>	<a href="http://www.lilaoregon.org">www.lilaoregon.org</a>	<b>541-607-7020</b>
Lane Independent Living Alliance, Inc. 99 W. 10 <sup>th</sup> Ave. #117, Eugene, OR 97401 Service Area: Lane County		
<b>SPOKES, Klamath Falls</b>	<a href="http://www.spokesunlimited.org">www.spokesunlimited.org</a>	<b>541-883-7547</b>
1006 Main Street, Klamath Falls, OR 97601 Service Area: Klamath & Lake Counties		
<b>UVDN, Roseburg</b>	<a href="http://www.uvdn.org">www.uvdn.org</a>	<b>541-672-6336</b>
Umpqua Valley disAbilities Network 736 SE Jackson Street, Roseburg, OR 97470 Service Area: Douglas County		

**If none of the above serves the area in which you live, please call:  
Oregon State Independent Living Council (SILC) 503-945-6204**

**PHILANTHROPIC ORGANIZATIONS**

- Help Now! Advocacy Center  
<http://helpnowadvocacy.org/index.php/home/about-us-2>
- Shriners Hospital for Children  
<https://www.shrinershospitalsforchildren.org/portland>
- Oregon Center for Children and Youth with Special Healthcare Needs  
<http://www.ohsu.edu/xd/outreach/occyshn/>
- Northwest Access Fund (provides low-cost loans)  
<http://www.nwaccessfund.org/>