

**1509 SW Sunset Blvd, 1B <> Portland, Oregon 97239 <> 503.246.4941**

**Suggested Resources**

The Blanche Fischer Foundation is a philanthropic organization that abides by the pledge to assist people with physical disabilities to be **independent, productive and *proud***.

**The maximum amount we approve is $1,000**

**over a 36-month time period.**

**CRITERIA FOR ELIGIBILITY**

Must demonstrate *all* of the following:

1. **Oregon** residency. 2. Demonstration of financial need. 3. Have a disability of a physical nature.

*Meeting the above criteria does not mean “automatic approval” of the application.*

**The resources listed below are suggestions for where you may seek assistance.**

**OREGON CENTERS FOR INDEPENDENT LIVING (CILs)**

CILs are nonresidential disability resource and advocacy centers. They provide an array of services including information and referral, peer counseling, independent living skills training, advocacy, and life transitioning services. CILs are the one-stop organizations that provide individualized services that can assist you with identifying solutions.

Contact the center closest to your location:

**Abilitree, Bend** [**www.abilitree.org**](http://www.abilitree.org)541-388-8103 Ext 200

**EOCIL, Eastern Oregon** [**www.eocil.org**](http://www.eocil.org)541-889-3119

**HASL, Grants Pass** [**www.haslonline.org**](http://www.haslonline.org)541-479-4275

**ILR, Portland** [**www.ilr.org**](http://www.ilr.org)503-232-7411

**LILA, Eugene** [**www.lila.org**](http://www.lila.org)541-607-7020

**SPOKES, Klamath Falls** [**www.spokesunlimited.org**](http://www.spokesunlimited.org)541-883-7547

**UVDN, Roseburg** [**www.uvdn.org**](http://www.uvdn.org)541-672-6336

Please use the following as a checklist for whom to ask for monetary assistance. *Remember, there are no stupid questions*.

**We have discovered that *ASKING THE VENDOR* for a discount is often met with an affirmative response!**

\_\_\_\_\_ Family

\_\_\_\_\_ Friends

\_\_\_\_\_ Churches

\_\_\_\_\_ Your employer

\_\_\_\_\_ Your insurance carrier(s)

\_\_\_\_\_ Local service organizations

(Lions Club, Kiwanis, etc.)

\_\_\_\_\_ Local nonprofits

\_\_\_\_\_ Oregon PUC (TTYs, lower

phone bills, etc.)

\_\_\_\_\_ Federal agencies

\_\_\_\_\_ State agencies

\_\_\_\_\_ County agencies

(County Commissioners)

\_\_\_\_\_ City agencies

\_\_\_\_\_ Other private foundations

***If you are self-conscious asking for help, ask yourself***

***how many times in your life have you helped others.***

**LOCAL SERVICE ORGANIZATIONS**

(Call your local Chamber of Commerce for clubs in your area)

* Lions Club [www.**lionsclubs**.org/EN/find-a-**club**.php](http://www.lionsclubs.org/EN/find-a-club.php)
* Rotary Club [www.**rotary**.org/support/**clubs**/index.html](http://www.rotary.org/support/clubs/index.html)
* Kiwanis www.community.**kiwanis**one.org

**Used Medical Equipment:**

accesstechnologiesinc.org, VFW, other veterans organizations and Elks Clubs

* Quota Club [www.**quota**.org](http://www.quota.org)
* Soroptimists [www.**soroptimist**.org](http://www.soroptimist.org)

**LOCAL NONPROFITS**

(Call your local Chamber of Commerce for nonprofits in your area)

* Local Area Agency on Aging (sometimes helps people with disabilities)

**SURFING THE WEB**

Using a search engine, such as Google, shop the web for resources. Beware of sites that try to sell you something or request a deposit. Federal law prevents a bona fife nonprofit from doing this.

* Local Action Agency Network
* Local philanthropic organizations

**FEDERAL AGENCIES**

***This list is not meant to be all-inclusive. If you find resources we missed, please let us know.***

***Thank you!***

* Social Security Administration
* Medicare
* Medicaid

**STATE AGENCIES**

* Oregon Commission for the Blind (OCB) 1-888-202-5463 (Please call this toll-free number for the name and phone number of your area’s representative.)
* Oregon Department of Human Services (DHS)
  + Office of Vocational Rehabilitation Services
  + Seniors and People with Disabilities Services
  + Self-Sufficiency Services
  + Child Welfare

**COUNTY AGENCIES**

(Call your County Commission/government office for services in your county)

* Developmental Disabilities Services
* County Mental Health

**CITY AGENCIES**

(Call your city’s ADA coordinator—ask for suggestions for whom to ask—many cities have access to low-interest loans for retrofit of owner-occupied homes.)

**ONLY FOR CHILDREN**

**Sidney and Lillian Zetosch Fund of the Oregon Community Foundation**

**Designated toward the educational needs of children with disabilities**

This fund is administered by a number of agencies. Among them, Oregon Center for Children & Youth with Special Health Needs (OCCYSHN)—contact Gillian Freney at 503.494.8618--Easter Seals, the Artz Center and United Cerebral Palsy.

**ZETOSCH FUNDS ARE SUSPENDED UNTIL JNUARY 2013**

**Oregon Centers for Independent Living (CILs)**

**Abilitree**

PO Box 9425, Bend, OR 97708 (Mailing Address)

2680 NE Twin Knolls Dr. Suite 150 Bend, OR 97701(Physical Address)

541-388-8103 (voice/TTY) ~ 541-388-1226 (Fax)

[abilitree@abilitree.org](mailto:abilitree@abilitree.org) ~ [www.abilitree.org](http://www.abilitree.org)

Service Area: Deschutes, Crook & Jefferson Counties

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**EOCIL (Eastern Oregon Center for Independent Living)**

Kirt Toombs, Director ~ 1021 SW 5th Ave., Ontario, OR 97914

541-889-3119 (voice/TTY) ~ 541-889-4647 (Fax)

[eocil@eocil.org](mailto:eocil@eocil.org) ~ [www.eocil.org](http://www.eocil.org)

**EOCIL Pendleton Branch Office**

322 SW 3rd Street, Pendleton, OR 97801 ~ (541) 235-2224 (voice) ~ 541-276-1037 (fax)

Service Area: Baker, Gilliam, Grant, Harney, Malheur, Morrow, Umatilla, Union, Wallowa and Wheeler Counties

**EOCIL The Dalles Branch Office**

400 East Scenic Drive, Suite 2.349, The Dalles, OR 97058 ~ (541) 370-2810 (voice) ~ 541-370-2811 (fax)

Service Area: Wasco, Sherman and Hood River Counties

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**HASL (Independent Abilities Center)**

Randy Samuelson, Director ~ 305 NE E St., Grants Pass, OR 97526

541-479-4275 (voice) ~ 541-479-7261 (fax)

[haslstaff@yahoo.com](mailto:haslstaff@yahoo.com) ~ [www.haslonline.org](http://www.haslonline.org)

Service Area: Jackson and Josephine County

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**ILR (Independent Living Resources)**

Barry Quamme, Director ~ 1839 NE Couch St. Portland 97232

503-232-7411 (voice) ~ 503-232-8408 (TTY), ~ 503-232-7480 (fax)

[ilrpdx@qwest.net](mailto:ilrpdx@qwest.net) ~ [www.ilr.org](http://www.ilr.org)

Service Area: Multnomah, Washington & Clackamas Counties

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**LILA (Lane Independent Living Alliance, Inc.)**

Sheila Thomas, Director ~ 99 W. 10th Ave. #117, Eugene, OR 97401 (mailing & physical address)

541-607-7020 (voice) ~ 541-345-7021 (fax)

[lila@lilaoregon.org](mailto:helpmelila@qwest.net) ~ [www.lilaoregon.org](http://www.lilaoregon.org)

Service Area: Lane County

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**SPOKES Unlimited**

Christina Fritschi, Director ~ 1006 Main Street, Klamath Falls, OR 97601

541-883-7547 (voice) ~ 541-885-2469 (fax)

[christina.fritschi@spokesunlimited.org](mailto:%20christina.fritschi@spokesunlimited.org) ~ [www.spokesunlimited.org](http://www.spokesunlimited.org)

Service Area: Klamath & Lake Counties

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**UVDN (Umpqua Valley disAbilities Network)**

David Fricke, Director ~ P.O. Box 507, Roseburg, OR 97470 (mailing address)

736 SE Jackson Street, Roseburg, OR 97470 (physical address)

541-672-6336 (voice), ~ 541-440-2882 (TTY), ~ 541-672-8606 (fax)

[davidfricke@uvdn.org](mailto:johndegroot@uvdn.org) ~ [www.uvdn.org](http://www.uvdn.org)

Service Area: Douglas County

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If none of the above serves the area in which you live, please call:

***Oregon State Independent Living Council (SILC) 503-945-6204***